



Menu items and their Allergenic ingredients Standard Menu May-June CCP 9

Menu item	Allergenic content													
	CEREALS CONTAINING GLUTEN for example (wheat,rye,barley oats,spelt, khorasan)	CRUSTACEANS for example prawn, crab lobster crayfish etc.	EGGS	FISH	PEANUTS	SOY BEANS	MILK including Lactose	TREE NUTS almonds walnuts cashews pecan brazil pistachio macadamia	CELERY including celeriac	MUSTARDS	SESAME SEEDS	LUPIN	SULPHUR DIOXIDE	MOLLUSCS for example clams, mussels, whelks, oysters, snails, squid etc.
Chicken & Duck Terrine, Finedor Crostini, Onion Chutney	Crostini												Onion Chutney 10ppm	
Tomato & Basil Soup & herb crostini	Crostini							Yes in soup						
Sauteed garlic mushrooms on malted wholemeal toast with tarragon dressing	Yes in Toast					Butter in mushrooms								
Spicy Lamb kofta with mild chilli cous cous & raita	Yes in Kofta													
Cod fillet with Ventricina salami on a sweet pea risotto				Cod		Butter in risotto								
Braised beef daube, chunky chips, roasted tomato & onion rings	Onion Rings							Yes in braising stock						
Roasted butternut squash & sage risotto with a herb parmesan crisp						Butter in Risotto								
French trim chicken fillet, potato fondant, Mange tout, roasted red pepper sauce and crispy sage						Potato Fondant								
Fries														
Onion Rings	Batter													
Dressed Salad									Dressing					
Buttered New Potatoes						Butter								
Homemade brownie, ice cream & toffee sauce	Gluten & Wheat in Brownie		Egg in Brownie			yes, in brownie	Walnuts in brownie							
Lemon posset with orange shortbread	Gluten & Wheat in shortbread					Posset								
White Chocolate & Raspberry Brulee Cheesecake with Berry Compote	Yes, biscuit base					Soft cheese								
Fresh cream and summer berry pavlova with Fruit Cools			yes, meringue			Whipped Cream						port		
Kids menu Stuffed crust Pepperoni Pizza	Barley, Gluten & Wheat					Contains Milk								
Kids Menu Four Cheese & Tomato Pizza	Barley, Gluten & Wheat					Contains Milk								
Kids Menu Fish Fingers	Gluten & Wheat in coating			Yes										
Kids menu Crispy Chicken Goujons	Gluten & Wheat in coating													

Completed by: Darryl Bradshaw - Head of Catering

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Reviewed:Darryl Bradshaw - Head of Catering

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